



5 POINTS TO CULTIVATE
MAGICAL VITALITY

BY TRENT RHODES

MAGICAL VITALITY FOR PROBLEM SOLVING - P1

How special will the rest of 2022 be? Need not have to describe in detail the many distractions available for society to consume. Each can earn its own article.

One of the commonalities among war, economic disruption and societal degradation is the wake up call. Everyone receives that call although picks it up at different times.

Some of us answer the call the first time it rings; others might not hear it due to paying attention to other priorities.

Some see the call multiple times and hesitate to answer. The calls will not last forever though.

Like everything else in the universe, the wake up calls have cycles and if the season is missed, we have to wait until the next. What we don't know is if we'll still be in our current vessel when the next one arrives.

In more plain speak: The energies engulfing the issues on our planet are requesting that people see the shifts for what they are, and evolve or dissipate.

It's time to let persons, places and things go that no longer exist to support your transformation. And have the courage to invite those that do into your life.

To accomplish this, you need internal power. Spiritual power. **Magical** power. It's the fuel that sparks and sustains activity. It's also the opposite approach to what's generally taught about how to "succeed." For our purposes we'll eliminate the archetypical success like yachts and mansions.

Vitality & Intent

While beautiful, they don't get at the essence of success. From a magical perspective, when we say success we mean your ability to realize an intent. Mansions and yachts are just more extravagant examples of intent realization.

If you obtained a master's degree, you realized an intent. That was a "success" whether or not it was more through spiritual power or brute force.

While there is an element of grind, of hard, gritty work inherent in accomplishing, that's only half the story and most of society accesses this space wondering why they experience deleterious effects even when they become "successful."

What good is the success if you're too burned out, unhealthy and unstable to enjoy the fruit of your labors? Who said you had to solely achieve that way? Is that the only way people can thrive?

That's the only way those who wish to lord over you want you to live.

The indigenous ancestors were clear when they explained we are spiritual beings having a physical experience. Self-evaluation can prove this point.

Everything about our world undergoes a transformation or change including our vessels yet there's that one sense of self that remains the same, that undeniable self-consciousness. No matter exists without this consciousness although the degrees of expression differ in the ant compared to the fox.

It makes sense then that if we are consciousness first and everything second, that we execute our intent from the inside-out rather than the outside-in.

It's not as simple as wishing or merely thinking however. We require vitality and the type of magical mindset that we as children applied daily as natural as breathing. The average adult loses this magical thinking as one self-creates internal barriers based on paradigm-learned ideas.

It's not that paradigm-learned ideas are all to be rejected, it's many that exist today are simply wrong. And by being wrong they produce **devolving outcomes in the society**.

Vitality is needed because the more imaginative and creative your thinking, the more outside the box, the more energy is necessary.

And to be able to consider the broadest range of views you need a mindset that is agile enough to healthily marry the logical and intuitive, the practical and multi-faceted, the singular and the multitude, to see the forest and the trees.

To have access to all eyes yet be able to choose the eye needed for the situation. This is the foundation for producing original solutions to all problems.

Problem Perspective

The way we'll look at problems here will differ from the mainstream.

At some point in our younger education we were shown that all problems, **any** problem was a negative and a personal blemish on our being.

The ultimate problem would've been the "original sin," being stained as a problem at birth. Imagine the psychological prison this idea can create.

Consequently, it ought not to be a surprise that our society tends to ignore problems rather than address them directly, or even worse: embrace them!

At the individual level we exhibit immature responses to problems with our peers, friends and relationships. We avoid, deflect or mind warp all to prevent seeing the thing for what it is.

In grown, adult bodies the programmed responses to problems resemble elementary children.

The result of this immature behavior is problems accumulate and become more detrimental while simultaneously not learned from. So the behaviors that caused the problem in the first place continue. We repeat and wonder why our outcomes haven't changed. It truly is a type of insanity.

I invite you to see a problem as a pro-blemish, a middle point between changing from one state to another. When you are able to change from one state to another you are then said to have "solved the problem."

I'll give an example:

Let's say you have a habit of arriving to work just on time or sometimes late. Your supervisor notices this and brought the situation up to you once already and how it affects the team by setting an example.

You know the problem. There are a few ways to look at it.

One: you being late means you're a bad person. You can carry that energy with you throughout your days and hold a grudge towards anyone who disagrees with your behavior. This can fester over time until you explode on someone. Or you reach for a coping mechanism. Eventually you begin to self-sabotage and continue to show up late, ultimately working to self-fulfill the eventual termination. This behavior transfers to your future experiences.

Two: you can also look at it as an invitation to alter your schedule and develop a new discipline outside of work so you aren't late and still take care of your personal life. This new approach also creates more time for you, where you suddenly come up with a useful business idea to work on. In a meditation you asked yourself, "What is this experience designed

to teach me?" and waited for an answer. With your connection to The All, an insight arrived. You can see the solution.

The supervisor is now the angel or messenger who spoke the words you needed to hear at the right time to shape up. This person is a projection from your life experience assigned, in this moment, to give you the right codes to transform. Magical insight can work through anyone and anything in your perception. Everything speaks to you.

With this second approach, there are no enemies and the only adversary is within; the opposing forces in your nature resisting the change. The exterior world is contorting to provide you with what you need to grow.

This external shift only happened because you shifted internally.

To master the forces that cause you to be late, you need the vitality. And to even perceive your problem as a positive, you need to have the mindset.

In this conversation we'll examine several methods to increase magical vitality. When applied, you'll view your problems differently and have the life force to produce consistent change in the exterior world. Be Well.

FINANCIAL ENERGY & THE VIBRATIONAL CLOAK - ३३

World Fetters

One of the primary goals of spiritual cultivation is simple to explain but designed difficult: to release the fetter attachments in the physical world so the being becomes light enough to allow the divine to flow through daily living.

Fetters are weights, and in a world like ours that's materially dominant (*people are in love only with forms, often their own*), a person can be bound by thousands of weights by high school graduation.

Precision is necessary with words like these, because someone could then say, "Well, if we're supposed to not attach to things, that means we shouldn't care about the material world at all. Or about people."

Releasing fetters doesn't mean to neglect how to live in society. If we did that we then ignore the basics like our hygiene, how to relate to each other, how to work with the earth's resources, how to deal with each other in contemporary society. We become unkempt liabilities. I find this to be the case often when it comes to personal finance.

Research the stats and you'll see collectively how personal finance has become one of the heaviest fetters for conscious and sleeping people alike. If your intention is to be on the path to waking up, understanding financial energy cannot be ignored.

Financial Energy – Points

Without too much depth on this, I'll provide a scope in a few points of how this area is really about energy and consequently tied to developing magical vitality:

Point: Money and currency are not the same. This confusion is one of the sources that has society misaligned with the energy and dominated by a small percentage.

The bill or digital number you see and execute transactions with is not money but currency.

As a currency it carries a "current," an energy flow that opens an opportunity for you to exchange and receive something. You have that current because you applied yourself in some way and (hopefully!) earned it. Some people cheat and steal it. Ethical or not, it's all effort / energy.

Example – You want a cup of coffee from the cafe and you know you cannot just walk in and take it and leave. Why? Because someone else's energy in the form of skill to produce that coffee needs to have an exchange. So you use a medium to obtain the coffee, the dollar or

charge card. Doesn't matter if it's a dollar today and something else ten years from now. A medium of exchange is used to ensure all parties respect each other's energy.

Point: Money is a store of value and currency is not. Currency used to be tied to money, classified as gold (and silver) and then **separated in 1971**. Since that year, our society has been using a bill that has no true value. As all the world's currencies.

In fact, the bill's value dwindles yearly. This process, by printing more currency is called inflation. The hot topic word is now in the mainstream, but unless you invest time to study it you won't hear about its origins and how it extracts energy.

Point: Each bill is a member in your organization that you can direct its purpose towards. You are the CEO of all of the currency you have.

And like any organization, the CEO sets the tone. So you set the currency's tone and behavior by your behavior. This is why debt can increase even though one may know credit shouldn't be used. The currency follows the CEO's energy.

Emotional living leads to emotional purchases and currency mismanagement. Banking and governmental institutions know how to pull your emotional strings as the CEO and have you use your members in opposition to your goals.

Instead of directing them to invest in yourself and projects supporting your divine initiatives, you're having them do the institutions' bidding.

Point: Inflation robs a being's purchasing power. If your \$1 used to buy one coffee for example, you'd need \$2 to buy the same coffee.

Your purchasing power decreased, and to exchange now, you need more financial energy (you have to earn more to make the same exchanges).

Eventually it takes \$3 to buy the same coffee, so you work more. You get

the point.

Spiritually, this is **energy extraction**, where more focus is committed towards acquiring currency to maintain or increase experiences. When you're trapped here, you experience time theft. More on this to come.

Some say to "Keep up with the Joneses."

Point: If inflation affected everyone the same way, we could say the playing field was even. But it's not.

The Federal Reserve Bank creates currency out of thin air, pure conception without any mode of exchange, and then distributes that extra currency into the economy. They manifest the energy and then get to dictate how that energy moves.

The first hands to touch the new currency are not impacted by inflation; everyone else eventually is once it circulates in the economy.

You have to exert years more effort to accumulate the financial energy for your experiences, and an entity can call it forth on demand and pass it around. If what I just described doesn't arouse you to learn more about this, I suggest to read no further. This explains the whole game and why you should learn how to transmute it so you master it.

Point: True, sound money is gold and silver and has been for 5000+ years. Banks know this, nations know this and people with top-tier wealth research know this, which is why they accumulate it quietly and allow the rest of the population to focus only on currency and debt. Now you know it.

By the population's ignorance of this it ends up enslaving itself, financially fetter-bound through improper energy use.

Point: The solution is to increase financial literacy and understand gold and silver among other finite assets that are not digitally-restrained, which

will create the foundation for wealth preservation. This combined with magical vitality to become creative, you become idea-abundant.

With ethical currency exchange done through products and services, all of this starts with an idea, developed from a mind. Everything that nature didn't create that you use, came from a mind. And that which nature did create, came from the mind of The All. The more magical your mind, the more solutions to generate (more problem-solving, more value, hint hint.)

All currencies throughout history have gone to zero (failed) while gold and silver have not because G&S are not bound by inflation. They can always be exchanged for any currency in the world. When we talk about "secret" spiritual knowledge, this understanding is the financial equivalent.

Point: This knowledge is available but fewer treat it like a serious study. Like consciousness and magical studies, most people are dabblers for the coolness while a much smaller percentage treat it as an essential path to self-actualization and oneness with the Source.

These points are necessary to integrate because today's civilizations will be undergoing shifts that attempt to have your dependency totally on institutions. From your health to your education to your family rearing to how you're supposed to think, the goal is to submit your sovereignty to their order.

Sorcerers create mantras as well, and theirs is "You'll own nothing and you'll be happy."

Those who have eyes to see understand the material world is subjugated by the spiritual; however, if you're in a constant state of financial chaos (how the institutions prefer it), you won't have time to tend to higher purposes.

The Vibrational Cloak

Everything seemingly physical is just dense packets of atoms, energy. This has been foundational knowledge for those on the spiritual-magic path

for millennia. Because everything is energy, everything vibrates. All is in motion.

This motion produces a “signature” or a unique “tone” that we cannot hear through common means, but we experience it. Some devices can capture it in a photo.

When you meet someone who is full of life and vibrance, it shows in their countenance. They move and speak in ways that, combined with their thinking and physicality, we say that person is “bright” or “amazing to be around.” They glow. They have a brilliance. We feel the vibe. That vibe is the signature.

Another way to describe it is the vibrational cloak.

Throughout history there has been a metaphysics of garments.

Aren't clothes just clothes? They are and aren't.

Traditionally, the materials we adorned ourselves with were highly intentional because they clothed our vessels. So you might see symbols, drawings, unique color combinations. Externally the clothing was symbolic of the internal state.

In today's lingo we might say our clothes reveal a personal style. If you notice when someone's personality shifts their clothing tends to also.

Robes, cloaks and layers were common for those who were of higher spiritual degrees.

The material layers represented the spiritual layers of wisdom, clothed in knowledge and understanding. Wrapped by insight. Contained within intuition. Radiating beauty. Attractive from the inside out.

If you notice this trend in cinema and in the regal houses today, you see the symbolic dress with capes and cloaks. Representatives from monks to priestesses to shamans are clothed in many layers, symbolizing their cultivated spiritual bodies.

Internally, this “cloak” exists as our electromagnetic field.

Some call it the aura. It's a soul's spiritual-magical manifestation. When developed and healthy, it reflects the various colors of the electromagnetic spectrum, capable of shifting colors depending on mood or intent. It radiates outward and can influence people and the environment. It's also an active agent in assisting personal manifestation when properly applied.

The electromagnetic field is a combination of electricity and magnetism. Electricity is the yang force, outward extending.

The magnetism is the attracting force, the yin energy drawing experiences inward. Enveloped within you is both energies; you'll need to become skilled enough to harness these push and pull forces in creating.

SHAYTAN & VITALITY TECH - ۲۳

“Fool me once, shame on you. Fool me twice, shame on me.” – Many People

I think we've had a relatively abundant dose of comedic influence in the media recently. What people may forget about the comedian, the energy's role, is to speak about matters that would be unacceptable under normal conditions.

The comedian's power to bring up topics and weave humor around them enables ideas to expand in restricted environments.

The irony and craftiness behind comedy is the punchline isn't necessarily

for the comedian but for the audience. There's an underlying message behind the wit.

In alignment with **As Above, So Below**, everything happening here on third dimension has energetic, counterpart-activity elsewhere. As today's scientists would say, all matter is condensed energy.

Joker Energy

Beyond any single person, the comedian represents the jokester or joker energy.

This is the trickster who can re-morph an environment or idea into a form that's easier to digest. It can also lower defenses and distract. Batman's Joker is the archetype of chaos and confusion incarnate to send messages, not always lies.

The joker energy is never taken too seriously, and that's where the energy is most dangerous.

A "joke" doesn't always mean a lie, but an approach to a thought that reduces wakefulness. That's why you might feel a limit to how much someone jokes. Eventually the jokes become irritating or you might have enough of them.

Being a joker doesn't automatically mean integrity or noble character: a passive-aggressive individual may make a joke about some behavior towards you to indicate some issue or offend; if you're intuitive enough you might pick up on it as an insult, getting back at you for some reason.

People can use jokes to insult, attack, belittle or develop rapport.

The court jester many centuries ago was the premiere joker. Hired by royalty to deliver entertainment for the court.

The jesters were seen as so non-threatening the king or queen might allow them to be present to hear important information, assuming because they make people laugh they're stupid and can pose no danger.

Vintage theatrical performances involving comedy and jokers used the platform to bring attention to issues in governments and societal ills. Since laughter is often involved with jokers, they tend to be overlooked. Not

taken seriously.

And when the defenses are low, that's when they strike.

When “conscious” financial professionals have been talking about the coming global power shift for years from the U.S. to the east, they were considered jokes.

When economic shortages and the weakening dollar are discussed, this is written off as a joke as if it couldn't happen here. Not taken seriously.

Enter Shaytan – The Ancient One

The essence of this joker energy sources from a vibration that has many names in history, one of them known to be Shaytan.

Shaytan is considered the greatest deceiver, the trickster, weaver of weasel words. The whisperer. The craftiest beast in the field. The ultimate persuader. Ruler of confusion. Truth twister.

Shaytan energy is about distractions, persuading people to collect fetters or spiritual weights that keep them from elevating.

As a “whisperer,” Shaytan doesn't make you do anything. It doesn't compel or force, only suggests in appealing ways and you end up choosing.

Such is this masterful skill that you would be thinking down is up and up is down.

That which is actually unfavorable being made to be seemingly fair and favorable.

That which is for your growth made to seem boring, unfulfilling, not exciting enough.

If you can make the connections and observe in this world, how insane the energies have become, you're witnessing Shaytan's success in much of our population.

Since we're talking about an energy and not necessarily a person, it exists as a force of nature and also expresses in people. Therefore it cannot be

destroyed. But it should be understood so we can effectively put it in its place.

Napoleon Hill, known for the capstone book **Think & Grow Rich**, delayed publication of one of his creations due to how sensitive the topic was. In **Outwitting the Devil**, he describes his personal experience and observation of this very energy he calls “the devil.”

To him, this “devil” was internal and revealed itself as a master tempter, motivated by challenging people to deviate from their growth paths.

This “devil” used people’s idleness, laziness and fears to influence.

When you know the guy has nothing good for you and you choose him over someone you know would be the best, that’s your fear and laziness at work. Fear of moving on and laziness about doing the work to vibrate at a level he is so you can resonate.

When health indicators signal you need to improve fitness and you choose to lay around instead, that’s laziness and idleness at work. This “devil” Hill describes is that whisper in your ear suggesting to stay put, make no change.

The Beast Consumes Magical Vitality

We can think of many well-known, professionally successful people who “fell from grace” because of their vices and addictions. Extraordinary talent yet still destroyed by the Shaytan energy.

The beast loves talented people. The more potential you have, the greater the feast when you succumb to its intoxicants.

Shaytan is most attracted to beings of immense light, those who can alter collective reality towards evolution, but every sentient being is on the list for a meal.

Your radiance is like the scent of a delicious meal. The more powerful your vibration becomes, the more likely you are to come across craftier corruption tests. They show up in people, experiences, invitations, ideas and within you.

Your gifts and talents contain high-level potential energy. They’re like

beacons sending pulses out drawing attention. This is why character development is equally necessary to cultivate with talents. With top talent and a weak spiritual foundation, you're easy pickings.

There are many angles to look at this energy and would take weeks to explore; for our purposes here we'll focus on Shaytan's fundamental role: to test you.

Shaytan – The Exam Giver

Shaytan challenges humans to pass tests in life through temptations.

It's an energy as much as an individual; the energy rises up in people, so people can be "taken over" by it and embody the characteristics. At this point you enter the test.

Smith's experience at the Oscars was the ultimate Shaytan examination; he allowed his feelings, wife's influence and insecurity to move him to commit an act that swiftly collapsed future opportunities.

Not to mention his wife's explicit desire for a rapper to the extent her daughter wrote about it, to the extramarital affair with her son's friend among other behaviors, he's been under Shaytan's focus for some time while at his career's height.

The tests tend to present in appealing packages.

That drink you know you shouldn't have but because the night is right and your friends are on it, you give in.

Having that one encounter you knew wouldn't be a good idea but nice to have a notch on your belt from the dating app, now you have what people these days call "a gift."

Even though your spouse has been amazing in your life, that new colleague just knows how to say the right words and you go with it.

Consider how vitality-draining failing these tests can be. What happens when you fail? Well...what happens when you fail a final exam in formal school? You either have to test again or repeat the course. You don't move on until you pass. Same deal here.

Shaytan's Proper Job

Instead of Shaytan being some scary boogey-being, the energy can be made to serve us by welcoming these examinations.

Tell it to bring them on so you can ace them and earn new spiritual stripes. The energy won't quit testing you but you will know how to keep it doing the job it's supposed to: help you grow.

Your credentials or magical "degrees" show up as increased wisdom, physical health, inner power to operate in the world.

Some ways to put it in its place:

Shaytan detection. You simply have to become sharper at recognizing when you're being tested. From the previous parts in this series, use the prompt question, "What is the experience trying to teach me?"

You can do this for people as well, "Who does this person represent right now in my experience? What am I to learn from them?"

If you can see the test ahead of time you'll be better prepared. Most people can't tell they're even being tested due to not seeing.

The ability to say no. Your personal no is simultaneously a boundary and elevation. The moment you decide to not do something is when you choose to do something else.

Sometimes you may need to delay gratification for a larger goal, or simply be willing to decline invitations you know are least suited to your vision.

Exercising the no preserves energy and builds up the power to will your intent. Like a muscle, as it strengthens you'll be able to handle greater nos.

Guard and nourish the sense gates. Your senses are turned "on" all of the time, receiving information / energy. As such they're considered gates that are open where anything you put in front of them will walk right through.

Be mindful of what you see, smell, taste, touch and hear. That's step one.

Next is to inventory what your gates tend to experience and identify

where Shaytan energy may be festering.

Discover a physical art. Your body is of primary interest to Shaytan energy. It harbors all of the primal drives and Shaytan uses these to appeal to your animalistic nature. Every crime, particularly the “crimes of passion” fall into the category of animalistic behavior.

As soon as the guard is down, the energy rises up on provocation and can cause a person to make a lifetime regrettable decision.

Having a physical art, whether it's pilates or a yoga or cycling or painting, will stimulate awareness of bodily knowledge. You become more in tune with your drives and the nuances of how your body performs. Becoming physically skilled in something also **enhances cognitive ability**.

Write. Invest time into writing your reflections. It could be 5 minutes in the morning or evening. As you analyze life experiences you'll need a medium to extract the thoughts and put into a form you can look at objectively.

If you decide to take up jogging as your physical art for example, your body will communicate to you during the experience. The more in flow you are, the more subconscious information will surface from the body.

Cut off Shaytan-like associates. This might be one of the toughest-yet-necessary classes to pass. If you've known people for years who haven't been supportive or involved in your life's growth and just comfortable because of that, you're definitely having an exam.

To pass it you have to dissociate. Failure to do so will keep you where you are, thinking and behaving along the same vibrations as they do.

FROM MOUTH TO EAR - 54

From his “**Think & Grow Rich**,” Napoleon Hill isolated a phenomenon already in existence but often unspoken: networks comprising like-minded people who had defined goals and supported each other tended to amplify all involved. Focused units like this existed for millennia. He

decided to call them mastermind groups. They shared knowledge and resources from mouth to ear. Directly and discreetly.

Thomas Jefferson, likable or not would hold the **Jeffersonian dinner**, where the time's thought leaders would get together and explore ideas. They sat together and broke bread, debated, shared knowledge and resources from mouth to ear. Directly and discreetly.

Being around people who are highly cultivated stimulates cultivation in others by exposure and dialogue. It's content and also energetic. Conversation is one of the most useful tools to spark awakening.

During that time a significant number of the nation's organizers were Freemasons, another group tracing its origins back to Ancient Egypt. They too used story and imagery to shroud potent knowledge. The higher the degree achieved, the more access you have to that knowledge. It's also shared from mouth to ear. Directly and discreetly.

Overseas was the **Invisible College**, a silent group of like-minded scientists, philosophers and other thinkers who understood some of the universal aspects regarding life. They were considered "invisible" because you didn't really join any specific organization. You were a "member" by means of the thought frequency lived on. Your stature naturally initiated you.

Thousands of years before these contemporary versions were the mystery schools of Ancient Egypt, where entry had to be earned to access the knowledge. You also had to be near 40 to begin receiving the highest knowledge degrees.

Ask Pythagoras, who is said to be the "father of mathematics" or "father of geometry," also took his advanced studies in Ancient Egypt. Received knowledge directly and discreetly.

That should eradicate the idea of him being the "father" if he learned what he knew from others. The true story is he's a "child" who studied at the feet of mathematic masters.

Indigenous civilizations always possessed secret knowledge of the ways of masculine energy, for boys to mature into men. This was accomplished through rites of passage where he had to be tested, and along the way his male elders would impart on him understanding from the male perspective, how to live in the world. The knowledge and ways of the Pharaohs, kings and chieftains. Mouth to ear. Directly and discreetly.

Similar rites of passage existed for young girls who were taught the noble ways of feminine energy and how their queenly strengths can flourish, by their elder women. These still exist in many forms, one of the most notable being the **Red Tent**. Mouth to ear. Directly and discreetly.

In career development, the obvious way to advance in a role is to undergo an interview, secure the job and then be promoted. A normal and recognized process.

But there's also the "esoteric" approach, which involves networking. Particularly when it comes to higher level roles at the VP, executive or C-suite or business-to-business, you'll find the most important meetings take place outside the standard office room.

They're held at sporting events, dinners, park walks. Private phone calls.

They're held for 10 minutes at a cafe or in front of some building. This is where decisions might make or break your opportunity. Mouth to ear. Directly and discreetly.

Mainstream Mouth to Ear

When knowledge is broadly accessible, easy to Google, it's likely lower level. If this was untrue we'd be living in a much different world right now.

The kind that challenges you to put in effort to discover it through others or by **inner revelation**, to have some investment, put hands in soil and sift through the crud, will always be higher tier.

Since people read less today, another way to discreetly share info is to **put it in a book.**

Gauge your experience learning in a large class compared with personal tutelage from a skilled person. The class can be effective but there's something distinct about the customization involved with speaking directly.

Organic, direct communication will never be replaced by the kind of herd-type contact social engineers are attempting to create today.

Beware: with an emphasis on hiding your face at all times from others, limiting your connection with others, telling you where and how you may go about the earth, imprinting these ways onto children at a young age where they need proper social-emotional development, is setting up a portion of the population on a path towards relational dysfunction. Spiritual dysfunction.

Masterful Transmission

In my 28 years martial arts training I can attest to both sides of the experience, being a student and a teacher and this communication. A skillful teacher is able to pass on not only their advice but unique eye with the skill. They can see what you might miss and help you adjust. Consequently achieving rapid improvement.

A masterful teacher is able to transmit their signature. It's subtle, energetic, comprising of mannerisms, thought forms, conduct. With enough time you integrate a spark of their Qi into your own energy field.

If you ever wondered why in cinema where the student goes to learn from a master in some way, the master appears to be an asshole at first, having the student perform acts that have nothing to do with the original skill, it's because that's part of the development process.

The student thinks he's going to immediately learn how to attack people or play remarkable chess from the start. But he ends up washing the

dishes, handling errands and going on non-skill adventures with the master.

The student eventually gets pissed off, then the master has to reframe his thinking by demonstration. The point is the development process requires a whole-character change, with the student absorbing qualities that enable the master to become masterful.

To Have or to Know How to Have

Ideally this helps anyone tempted by get-rich-quick or get-anything-quick schemes to annihilate the thought.

If you ever observed why million-dollar lottery winners or athletes tend to go broke after amassing so much cash, it's the same reason: the resource without the know-how is useless.

The know-how without the resource will result in acquiring it. And knowing how to grow it.

If the student can't be patient, unable to control impulses, refuses to think critically or see long-term, has weak humility, there's no way in hell he's going to be receptive enough to follow instructions to become masterful. This kind of knowledge also arrives from mouth to ear. Shared directly and discreetly.

With the Internet, we can simulate a type of alternative to this mouth to ear by watching lectures or courses created by masterful people. But it still lacks the personalization a solid 1-1 relationship can provide. Despite that, make use of it as the next best thing.

SOLITUDE & SOURCES - P5

On Solitude

For all of the benefits of having healthy connections, there are times when being in solitude is necessary. To go off the grid or at least reduce external noise. Some of us are more solitary than communal and there's nothing wrong with that. A common pattern those on the mailing list may recognize is, the more developed you become the more solitude you tend to experience. Like a pyramid, the closer to the top to climb there are simply less people relating on that level.

Beyond this, I'm supportive of solitary time for several reasons. If living in urban environments, the default state is constant external stimulation. It can be useful to be tapped in to what's happening but there also needs to be time to step away from it, to source from within and work on something without external noise. Some people go on retreats like the [Vipassana](#) to reset their system with the least amount of external stimuli.

I encourage you to be rather ruthless with this because if you don't make it clear you're not to be disturbed, you will be. People who respect you will respect your time and how you choose to use it.

There's the Ancient Egyptian story of Heru (The Will) and his uncle Set (Ultimate Raw Power), who wanted to rule and ended up murdering his brother Ausar (Divine Identity) who was Egypt's ruler at the time.

After getting him drunk, Set chopped up his brother's body and spread the pieces in multiple locations. Heru went to battle Set due to this.

They fought for a long time, with neither side gaining greater advantage.

Eventually Heru sought out guidance from Tehuti (Thoth / Wisdom), who explained fighting Set head on the way he did would create no victory. They fought for years and met only an impasse.

Tehuti told Heru he needed to understand what Set represented. After contemplation (Meditation), Heru understood he could not defeat Set, nor was that the battle's purpose. It was to recognize Set was an aspect

of himself and how they were to work together. To unify rather than compete. Synthesis over separation.

Ultimate Raw Power needs to harmonize with an awakened Will to defeat inner and outer demons. If Heru didn't contemplate, he wouldn't have gained this realization. He had to be alone, invest time to meditate and see the solution within himself.

Solitude will grant you:

Energy conservation and refinement. Limiting external distractions, you'll keep attention directed where you place intent.

Time for thinking outside people's immediate influence. You reduce the tendency for people to be in your ear as you consider ideas or work on problems. One of the reasons people hesitate to take on a new project or relationships is what others may think. If susceptible, someone's doubt can be just enough mental fuel to curse your creation into oblivion.

Space to arrive at conclusions on your own. Letting your thoughts arrive at something rather than seeking someone externally to give you an answer. Research after to further learn can be beneficial. Practicing solitude helps to reverse this tendency to look outward first.

Time to rediscover what's important. If you signed up to the gym at 2022's start and already falling off (common trend), some solitude can help get back in touch with what you thought was important. Maybe what you thought was important actually wasn't. Now it's time to set new priorities.

Interest to regain connection to emotions and experiences. Excessive outward focus will have you lose touch with the emotional spectrum existing inside. Examine them in solitude so you can see without anyone else identifying what you're feeling. You can know them for what they actually are.

Spark revelation and inspiration. Inspiration can come from within and the external world, but revelation is an inside job. Something is revealed to you, like a flash of light that washes your body. Some understanding hits you as a wave would. Comprehension is delivered as a full meal you have to unpack.

Sources

The links below are some of the sources I discovered along my journey. The creators are masters in their respective fields, each having a mission, service or product to share because it's a responsibility.

If solitude is calling you, this is an opportune time to use it while absorbing what they have to offer.

Sources – On Financial Energy

[ITM Trading YouTube](#) – Source for knowledge, consultations and offerings on gold, silver and what's really happening in the economy.

[GoldSilver YouTube](#) – Source for knowledge, consultations and offerings on gold, silver and what's really happening in the economy.

[Hidden Secrets of Money YouTube](#) – Will reframe the mind for an accurate perspective about money vs. currency.

[Sorelle Amore Finance YouTube](#) – Contemporary video series about the state of financial affairs. They also have a well-written newsletter.

[The Rich Dad Channel YouTube](#) – Classic financial education.

[The Ramsey Show Highlights YouTube](#) – Useful for small case studies about everyday financial situations.

[GoldSilver Blog](#) – For reading up on the latest news. Can also buy here.

[Gold Switzerland](#) – Blog written by truth speaker on the economy and gold's importance. Manages gold portfolios.

[In Gold We Trust](#) – The most in-depth report on gold and silver, compiled annually. Free to download.

Sources – On Investing in Gold & Silver

[JMBullion.com](#) – My #1 choice.

[Goldsilver.com](#) – Great choice.

ITM Trading – You can work with their consultants and learn from them as you choose to invest.

CyberMetals – By JM, invest in the metals that are kept in a secure vault. You can call your physical gold and silver to take delivery at any time.

SD Bullion – Another great source.

SilverGoldBull – Another great source.

Sources – Other Investing

VinoVest – If interested in investing in wine that's held for you. You can call the wine in to take delivery at any time. I don't drink but understand the grapes in this form are assets.

WeFunder – Invest directly into startups.

YieldStreet – Passive-income investing opportunities.

Republic – Invest in startups.

SeedInvest – Invest in startups.

Sources – Top 1% Financial Knowledge

These will require a financial investment for subscription. As mentioned in previous writings, from spiritual science to finance, the highest knowledge is never free.

Stansberry Research – Investment newsletter including market research.

Shadowstats – Will give you the real deal on the day-to-day economy people experience.

InvestorPlace – Compilation of investment / market research from the 1% financial investors.

Sources – General Finance

[ZeroHedge](#) – Non-partisan content about the economy and state of affairs.

[80 Financial Calculators](#) – Enough said.

[Visual Capitalist](#) – Includes beautiful imagery to convey stories. Covers more than just finance.

Sources – Books – Finance

[Guide to Investing in Gold & Silver](#)

[Rich Dad Poor Dad](#)

[Who Stole My Pension?](#)

[The Richest Man in Babylon](#)

[The Chinese Way to Wealth & Prosperity](#)

[Tax-Free Living Ebook](#)

[Tax-Free Wealth](#)

[Family Wealth](#)

[The Prosperity Bible](#)

Sources – Books – Of the Spirit

[The Nag Hammadi Scriptures](#)

[The Kybalion](#)

[Outwitting the Devil](#)

[Ikigai](#)

[In the Buddha's Words](#)

[The Kemetic Tree of Life](#)

[The Serpent Power](#)

[Qigong – The Secret of Longevity](#)

[The Japanese Way of the Artist](#)

[The Complete Tao Te Ching with the Four Canons of the Yellow Emperor](#)

Sources – On Privacy

[PrivacyGuides.org](#) – Holistic site on everything about online privacy.

[Have I Been Pwned](#) – Check if your credentials have been compromised.

[SLNT](#) – Products to help your tech go off-grid.

[4Patriots](#) – Resources for becoming more independent.

[Judy](#) – Resources for becoming more independent.